

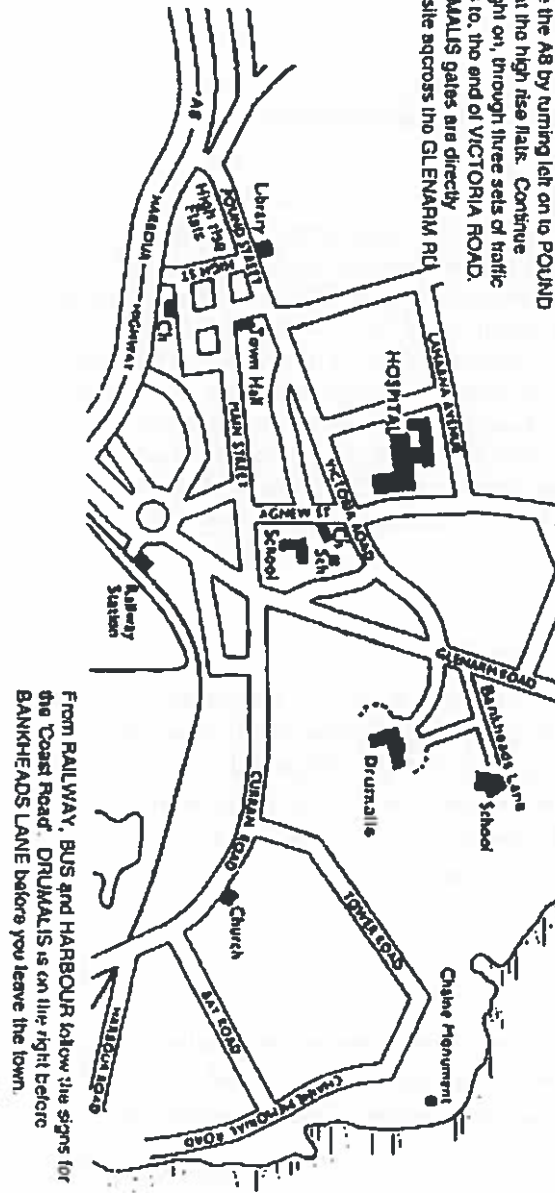
Miriam took up  
 a timbrel, and  
 dancing led them  
 in the refrain:  
 'Sing of Yahweh:  
 he has covered  
 himself in glory,  
 horse and rider he  
 has thrown into  
 the sea.'

- Exodus 15:20-21



## DIRECTIONS

From BELFAST take the M2 and leave it at the A8 exit. Just outside Larne leave the A8 by turning left on to POUND ST. at the high rise flats. Continue straight on, through three sets of traffic lights to the end of VICTORIA ROAD. DRUMALIS gates are directly opposite across the GLENARM RD



## LEADING LADIES OF THE SCRIPTURES



Sat, 24 - Fri, 30 June 2017

*Wise and holy women  
 - models for us!*

**Guided Retreat  
 at Drumalis with  
 Sr Joann Heinritz CSJ**

Drumalis, 47 Glenarm Road, LARNE,  
 County Antrim, BT40 1DT  
 Tel 028 28272196/2827 6455 Fax 028 2827 7999  
 Email [drumalis@btconnect.com](mailto:drumalis@btconnect.com)  
 Website: [www.drumalis.co.uk](http://www.drumalis.co.uk)

## LEADING LADIES OF THE SCRIPTURES

### About the Retreat:

This retreat will offer an inspiring and insightful look at creative women wisdom figures who span the generations of the Scriptures, each in troubled times.

From Miriam and Queen Esther in the Hebrew Scriptures to Anna, Mary and Martha in the Gospels. We will befriend these women whose faith, joy and optimism can still inspire us in our own time of crises in faith and identity. They have much to teach us as we strive to live with hope and compassion.

Each day will include daily morning presentations, ample time during the day for personal reflection, immersion in the outer and inner landscapes of Drumalis, walking/hiking, creative experiences, spiritual guidance, and a prayer ritual/body praise session each evening.



### About the Retreat-giver:

Sr Joann Heinritz is a Sister of St Joseph of Carondelet. Presently she is involved in the School of Applied Theology Sabbatical program in Berkeley as spiritual director, retreat director and instructor. Having completed a Masters degree in Spirituality, and been certified as a Massage Practitioner at the Care Through Touch Institute in Berkeley, she incorporates in her retreats and workshops a passion for embodied spirituality and holistic well-being. Sr Joann volunteers as a massage therapist at The Friendly Place, a women's shelter in Oakland, California.

### Duration:

The retreat will begin with registration from 5:00 pm on Saturday and evening meal will be served at 6:00 pm. There will be an introductory session on Saturday evening. The retreat will end after breakfast on Friday morning.

### Cost:

The cost of the retreat is £440 sterling per person which includes all meals and accommodation as well as facilitator's fees.

### BOOKING FORM

Name .....

Address .....

Postcode .....

Tel No .....

Email .....

Special Requirements

*(dietary, ground floor accommodation, etc)*

.....  
A non-refundable and non-transferable deposit of £30 is required with each booking. This will be counted as part of the total cost. Confirmation of booking will be sent by enclosing a SAE.

Please return completed Booking Form and deposit to: Drumalis, 47 Glenarm Road, LARNE, County Antrim, BT40 1DT. Please make cheques/postal orders payable to DRUMALIS.

*Why not save time by booking your retreat and paying your deposit by phone.  
We welcome credit and debit card payments.*