



The Purpose of the Course...

- ~ To further develop your relationship with God
- ~ To receive a level of inner peace
- ~ To encounter Jesus in the Scriptures
- ~ To deepen your prayer and develop a reflective way of living

“This course has greatly enhanced my prayer life in every way and I would thoroughly recommend it to others.” “I have nothing but praise for the course: its content and delivery, and the fellowship of the group.”

“Rooted in Love was a new and refreshing opening up to prayer and reflection which was profoundly helpful and challenging.”



To register:

Please contact Drumalis during office hours (Mon-Fri, 9 am - 5 pm) - 028 28272196/28276455 or email katrina@drumalis.co.uk

Website: <http://www.drumalis.co.uk>



Rooted In Love

Integrating Ignatian Spirituality into Daily Life



Delivered by Zoom over ten Thursday evening sessions from 7:15 pm - 9:15 pm September 2024 - May 2025



The Course is...

modelled on the Spiritual Exercises of St Ignatius and is ideal for anyone who has completed Growth in Prayer and Reflective Living

The Course is...

reflective and experience-based, including:

- ~ Short presentations
- ~ Sharing and listening
- ~ Personal prayer
- ~ Guided prayer experiences

The course will be held over ten Thursday evenings, from September 2024 - May 2025, via Zoom

Course Fees...

Course fees are £170 per year.

“The two highly skilled directors helped create a context of openness to God present with us and a sense of wonder and searching within the group.”

Course Programme

Date	Theme
26 Sept 24	Prayer & Introduction
17 Oct 24	Love
14 Nov 24	The Tender Mercy of God
5 Dec 24	Incarnation
9 Jan 25	Hidden Life of Jesus
30 Jan 25	The Call of Christ
20 Feb 25	The Ministry of Jesus
20 Mar 25	The Passion and Death of Christ
10 Apr 25	God’s Love and Our Response
8 May 25	Contemplation to Love

The Presenters

The course is delivered by the Ignatian Spirituality team at Drumalis under the direction of Fionnuala McLernon.

Fionnuala McLernon qualified as an Ignatian spiritual director through the Milltown Institute of Theology and Philosophy, Dublin. She also holds a Diploma in Pastoral Theology and a post graduate Diploma in Spirituality from St Patricks Pontifical University, Maynooth.

Fionnuala is a member of the Growth in Prayer and Reflective Living team in Drumalis. She describes herself as having “a contemplative approach to accompanying people’s transformation and relationship with God.”

Eileen O’Brien is a guest director, presenter, and a trainer on the Spiritual Direction course at the Jesuit Centre of Spirituality, Dublin. She has been involved in the Ignatian Spirituality courses in Drumalis for a number of years.

In addition to a Master’s degree in Spirituality, Eileen also holds an Advanced Diploma in Spirituality (Supervision) awarded by St Patrick’s Pontifical University, Maynooth.