

A **non-refundable** and **non-transferable** deposit of £50 is required to secure each booking. This will be counted as part of the total cost.

We welcome credit and debit card payments during office hours (Mon-Fri, 9 am-5 pm).

Payment can also be made by bank transfer - bank details are:

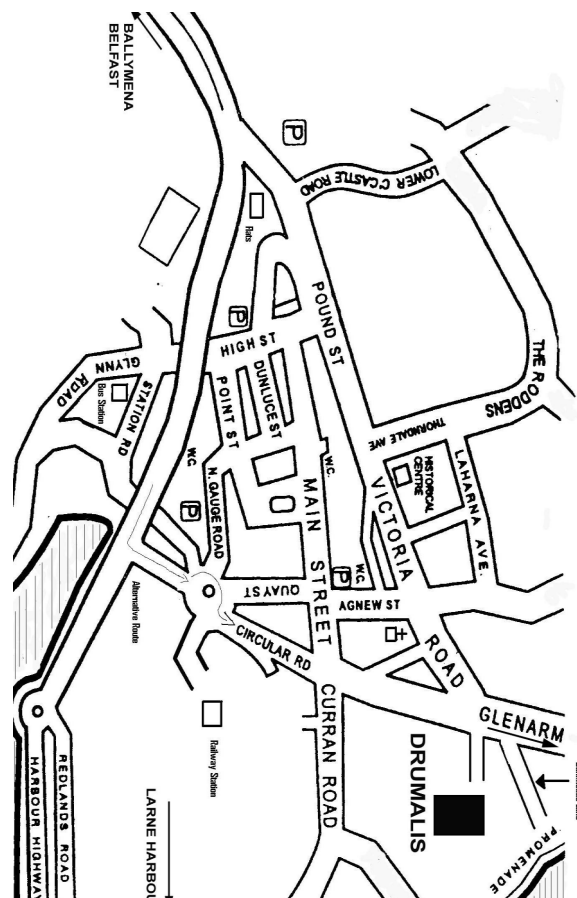
Name of Bank: Ulster Bank
Place of Bank: Carrickfergus Branch
A/C Name: Sisters of the Cross
and Passion
Account Number: A/C 10011910
Sort Code: 98-09-40
BIC: ULSBGB2B
IBAN: GB03 ULSB
98094010011910

Please return completed Booking Form by post to:

Drumalis, 47 Glenarm Road, LARNE,
County Antrim, BT40 1DT

or by email to
drumalis@btconnect.com

DIRECTIONS



By Road: From Belfast take the M2 and leave it at the A8 exit. Just outside Larne leave the A8 by turning left onto Pound Street at the High Rise Flats. Continue straight on, through three sets of traffic lights to the end of Victoria Road, Drumalis gates are directly across the Glenarm Road.

By Public Transport: From Railway, Bus and Harbour follow the signs for the Coast Road. Drumalis is on the right before Bankheads Lane before you leave the town.

If you would like further information about getting to Drumalis, please do not hesitate to contact us.

AUTUMN 2025 DIRECTED RETREAT AT DRUMALIS



Choice of either 6 day or 4 day
Individually Guided Retreat

Tuesday, 28 October
- Tuesday, 4 November 2025
6 day Retreat - 28 Oct - 4 Nov 2025
4 day Retreat - 30 Oct - 4 Nov 2025

with
John Bennett MSC,
Finola Cunnane SSL,
Phyllis Behan RSC
& Margaret Webb



Drumalis, 47 Glenarm Road, LARNE,
County Antrim, BT40 1DT
Tel 028 2827 2196/2827 6455 (from UK)
Tel 048 2827 2196/2827 6455 (from Rep of Ireland)
Email drumalis@btconnect.com
Website: <http://www.drumalis.co.uk>

AUTUMN 2025 DIRECTED RETREAT

We are delighted to offer an Autumn

Directed Retreat at Drumalis in 2025.

There is the option of either making
a 6 day or a 4 day retreat.

These are silent retreats, which are carried out with the assistance of an experienced retreat director. An individually guided retreat is an experience of prayer, incorporating daily meetings on a one-to-one basis with a retreat director. The retreat is above all a time of listening to God. The director will act as a listener and companion on your journey. Mass will be said daily during the retreat.

Previous participants have also found that the location of Drumalis with its spacious grounds and proximity to the sea enhanced their retreat. Many have enjoyed walking by the sea, in the gardens or simply finding a quiet corner in which to reflect.

About the Team:

John Bennett MSC is a psychotherapist, supervisor, spiritual accompanier and group facilitator based in Dublin. John has spent over 20 years training spiritual accompaniers and conducting retreats in Ireland and the UK. He is presently involved in leadership and accompanying those in positions of responsibility.

Finola Cunnane SSL is a St Louis Sister from Dublin, who has worked and lectured in the fields of education, spirituality, scripture, theology, pastoral care, counselling and retreat work. Having gained a Ph.D from Fordham University, she has lectured and given retreats worldwide. Finola is widely published. As well as retreat work, Finola also co-ordinates the St. Louis Schools' Network.

Phyllis Behan RSC is a Religious Sister of Charity living in Dublin. Her background is in Education, Spiritual Guidance and Counselling/psychotherapy. She is a former director of Stella Maris Retreat Centre and spent a number of years directing Kairos Counselling Centre. She currently offers Spiritual Guidance in-house and on zoom from her Dublin home.

Margaret Webb, a married layperson from Co Antrim, is a counsellor, focusing trainer and spiritual director working at Daneo Human & Spiritual Development Services in Belfast. Margaret facilitates retreats at Drumalis Retreat Centre and is involved in parish catechesis and the Parish Cell System of Evangelisation both nationally and internationally.

Dates: The 6 day retreat will begin with registration from 5 pm on the **evening of Tuesday, 28 October**. The 4 day retreat will begin with registration from 5 pm on the **evening of Thursday, 30 October**. Both retreats will end after breakfast **on the morning of Tuesday, 4 November**.

Cost: The cost of the 6 day Directed Retreat is **£700** sterling per person and the cost of the 4 day Directed Retreat is **£500** sterling per person. The prices include all meals, accommodation and spiritual direction.

BOOKING FORM

Name

Address

Tel No

Email

Please tick the retreat you would like to make:

6 day Retreat (28 Oct - 4 Nov 2025) ☐

4 day Retreat (30 Oct - 4 Nov 2025) ☐

To assist with the administration of Directed Retreats, we would be grateful if you could please answer the following questions:

Have you experience of Directed Retreats?

.....

Do you have medical/health problems?

.....

Do you have any specific requirements (eg, disabled friendly accommodation, special diets, etc) or do you have a specific request regarding your choice of spiritual director?

.....

Age group? (please tick as applicable)

- ☐ under 50
☐ 50- 70
☐ over 70